New England
Deaconess
Hospital
Boston, Massachusetts

pulse

VOLUME 24 — NUMBER 3 DECEMBER 1970

Working in a hospital during the Christmas season is an emotional experience. All of the patients who are able to leave will return to their homes, and only those who are seriously ill or disabled will remain. The Christmas plans of many will be changed by unexpected illness. There will be sadness for a few, but there will also be joy for many in the knowledge that their health has been restored.

In the evening after the visitors have gone and the carolers departed, the hospital is left once again to the patients and all who serve them, and the atmosphere is different than at any other time of the year. Voices are quieter and there is less conversation because each individual is aware that this is a very special day.

This season is the epitome of the concept underlying the care of the sick, the selflessness, the tenderness of thought and action, and the annual renewal of man's belief in goodness and brotherhood, — in doing unto others —. The dedicated individuals who work in hospitals can find satisfaction in the knowledge that they are living the Christmas spirit, not just at Christmas time but throughout the year, and this is man's noblest goal.

R. D. Lowry
Executive Vice President

PROFILE: Mr. Philip Pacella

Mr. Philip P. Pacella, pharmacist, is a warm, even-tempered man. He pursues many interests, but his family is foremost in his activities.

In 1951, Mr. Pacella joined the Deaconess as a staff pharmacist. He came here shortly after receiving his bachelor of science degree from the New England College of Pharmacy — now known as Northeastern University College of Pharmacy.

The decision to become a pharmacist was, in the final sense, his own, but he had some help from the federal government. When he was discharged from the Army in 1946, he was encouraged to take a series of psychological tests. These helped determine his career orientation.

"I was always interested in the sciences and the psychological tests indicated that my future was in either engineering or pharmacy. They also showed that the latter field was better suited to my aptitude and personal needs," explains Mr. Pacella.

"Frankly, an engineering career had crossed by mind, but not pharmacy!" he exclaims.

The year following his discharge from the Army, Mr. Pacella entered pharmacy school and married Marie Tieso, who he met while tobogganing at Boston's Franklin Park.

In 1947, Mr. Pacella began his pharmaceutical studies at New England College of Pharmacy. While at school, he worked in a retail drug store. He didn't receive academic credit for his on-the-job experience, but was able to accumulate weekend and summer working hours towards the year of experience required to take state pharmacy boards. He became a registered pharmacist shortly after graduating in 1951.

At the Deaconess, Mr. Pacella is primarily a professional consultant and supervisor. He deals with questions relating to pharmacy, sees that the laboratory is adequately staffed and supervises the ordering and dispensing of drugs. In the case of a staffing shortage, Mr. Pacella helps fill and distribute medications.

An active member of NEDH's Drugs and Medications Committee, Mr. Pacella is coordinator of unit-dose. He is responsible for the expansion of this new drug-distribution system at the Deaconess. Mr. Pacella is also working on an intravenous admixture committee.

The Pacella family lives in Canton, Mass. Their decision to stay in the Boston area was easy because both Mr. and Mrs. Pacella were raised here. They have two daughters: Diane, 18; and Donna, 15. Diane is studying early-childhood education at Salem State College. Donna is known by many employees at NEDH because she volunteered at the hospital last summer.

When the girls were younger, the Pacellas used to travel throughout the New England states. Now the family spends most of their vacation time at Cape Cod. They usually rent a cottage near Yarmouth or Hyannis for one or two weeks every summer. Winter months are a little less inviting, but they try to visit the cape for an occasional weekend.

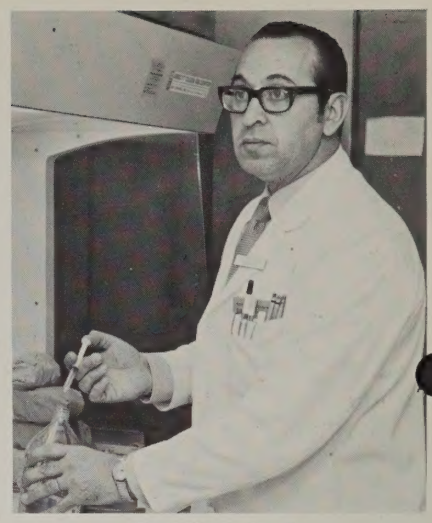
Gardening is a favorite hobby for Mr. and Mrs Pacella. Since they enjoy different types of gardening, Mr. Pacella takes care of his perennial flowers, while his wife works with her roses. Next spring, Mr. Pacella plans to start a garden for wild flowers. The two gardens will keep him busy since the perennial garden by itself, involves 200 square feet of soil care.

"Wild flowers need a more natural setting than the open garden I made for the perennials. I'm planning to build the new garden in a wooded area," he explains.

An avid reader of history books, Mr. Pacella is particularly interested in the Civil War. Biographies and books about actual battles constitute most of his library. He has over 97 volumes dating to 108 years ago. They are collector's pieces picked up inexpensively at old bookstores.

"Since the books were written closer to the actual event, they have more historical validity than modern books," states Mr. Pacella.

He has not devoured all of the volumes in his library, but is reading them leisurely. Since Mr. Pacella is partial to the American Civil War and has read so much about it, he claims to favor the Confederates "because they were the underdog!"



Mr. Philip P. Pacella

In his free time, Mr. Pacella enjoys an occasional fishing trip. He loves the out-of-doors and heads for lakes and streams that are frequented by trout. Donna used to go fishing with her Dad, but now prefers a date to a fishing trip!

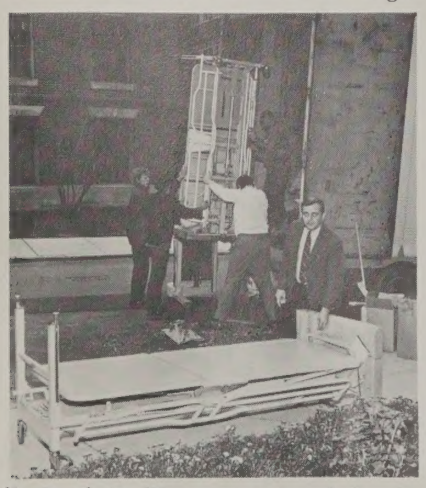
Since winter is creeping into the northeast and Mr. Pacella is unable to enjoy his outdoor hobbies, he recently bought a two-masted brigantine model. It looks like the ship will take him about six or nine months to put together.

"I hope I finish it!" exclaims Mr. Pacella. One thing is for sure, if the ship isn't finished by this spring, it will have to wait until next winter.

Equipment Arrives For New Addition

In mid-November, 96 of 226 beds arrived at NEDH from Indiana. They are being stored on the tenth floor of the Deaconess addition until the addition opens for patient-care. One hundred-thirty more beds are expected to arrive next month.

The fully motorized beds were ordered last May after almost two months of deliberation and investigation by the Deaconess Equipment and Furnishing Committee. In addition to the beds, 226 over-bed tables and bedside chests were also ordered in May. The first shipment of these accessories is expected within the month.



Mr. Joseph Ippolito, manager of purchasing, inspects one of the multi-mate all-electric beds upon its arrival on November 23.

Electric controls are located at the foot of the multi-mate bed, for the use of nurses, and on a conveniently-located hand apparatus for patient use. The push-button control adjusts the head and knee positions and raises the bed from an ambulatory position to a height better suited for patient care. In case of a power failure, an emergency hand crank is located at the foot of the bed.

Other special features of the new bed include: sockets for intravenous rods and/or orthopedic equipment built into posts at the foot for the use of additional appliances; two of four casters equipped with brakes for position stability; disc bumpers to protect the bed and wall; and steel mattress panels with ribbed friction strips to keep the mattress from slipping when the bed is adjusted to one of its various positions.

17 New Corporators Named At Annual Meeting

On Tuesday, November 17, the annual meeting of the NEDH Corporation was held in the Riverview Restaurant, 110 Francis Street. The following officers were re-elected to serve in their respective positions for another year: Francis W. Capper, chairman of the board; Laurens MacLure, president; James C. Farr, vice president; C. Vincent Vappi, vice president; Henry S. Rogerson, treasurer; and James T. Mountz, clerk.

Names of seventeen new NEDH Corporators were announced at the annual meeting. They are: Robert L. Blair, Reverend John Bryan, Gordon W. H. Buzza, John I. Carlson Jr., Wallace R. Creelman, Charles F. Elmes, Richard Fitzgerald, Edgar Grossman, Mason N. Hartman, David Perini, Robert U. Porter, Peter N. Powell, Robert Riley, Stanley Rowland, William K. Russell, Arthur Wertherly, and Lauriston Ward, Jr.

Annual reports were delivered by: Mr. Laurens MacLure, president of the NEDH Corporation; Dr. Robert Bradley, president of the medical staff; Mr. R. D. Lowry, executive vice president; and Mr. Richard Lee, director.

Mrs. Lauriston Ward Jr., president of the Friends of the Deaconess, presented the Friends annual report to the corporation. She announced that at their June meeting, the Friends voted a pledge of $100,000 to NEDH. They stipulated that the money be used towards a new radiation therapy unit.

Some of the members of the NEDH Corporation pose after the annual meeting on November 17, 1970. They are: (standing l. to r.) William K. Russell, Charles F. Elmes, John I. Carlson Jr., Robert U. Porter, Wallace R. Creelman, Arthur Wertherly and Richard Fitzgerald. Seated (l. to r.) are: Lauriston Ward Jr., Laurens MacLure, president of board; Francis W. Capper, chairman of the board; Bruce Harriman and Edgar Grossman.

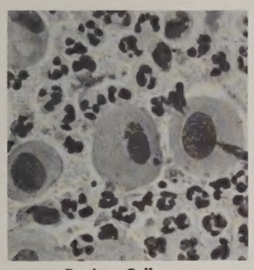
A Sequence Of Medical Building Blocks

The second half of anatomic pathology — subjects of primary concern are cytology and autopsy pathology. Surgical aspects of the field were covered in the November issue of **Pulse.**

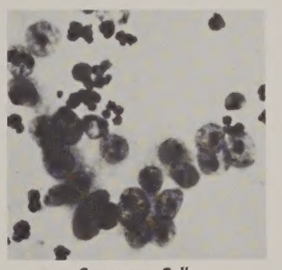
Cytology is a diagnostic science. Its function is to determine the existence of cancer during the early stages of development. The possibility of controlling and curing many types of cancer increases when the diagnosis is expedient.

Although Papanicolaou ("Pap") smears are commonly associated with cervical carcinoma, they are used to examine any fluid that washes a body surface. For example, "Pap" smears are used to study: sputum, bronchial washings, scrapings from the mouth, urine, pleural fluids, esophageal and gastric washings, spinal fluids and swabs from the colon.

Approximately 21,000 "Pap" smears are interpreted every year by cytotechnologists at the Deaconess. The test is vitally important in diagnosing cancer before an obvious mass or tumor develops. Cervical carcinoma is the best example of achieved success in finding early-stage cancer. The fatality rate resulting from this kind of cancer is one-half of what it was 25 years ago.



Benign Cells



Cancerous Cells

"Cytological investigations are also used to estimate hormone activity and to determine nuclear sex through the use of buccal smears," explains Dr. Merle Legg, pathologist.

The Boston School of Cytotechnology is a one-year educational program established to train cytotechnologists. It opened three years ago under the sponsorship of: the Deaconess, Boston Hospital for Women, Peter Bent Brigham, Beth Israel, Boston City, Massachusetts General and New England Medical Center. Students receive clinical experience in four of the eight hospitals. During the year, a revolving medical staff lectures on topics related to cytology.

Autopsies, a basic tool in understanding disease processes, benefit the living. A Latin motto that was recently painted on the wall of the autopsy room expresses the reason for the procedure: "Mortui vivos docent" (the dead teach the living). The motto, which was temporarily obliterated while the room was being painted, will be replaced in the near future.

Autopsies benefit the medical staff, the family of the deceased and, at times, the public health authorities. They may be requested by the attending physician in an attempt to learn what happened to the disease process they were treating. Before an autopsy may be performed, consent must be obtained from the family of the deceased individual.

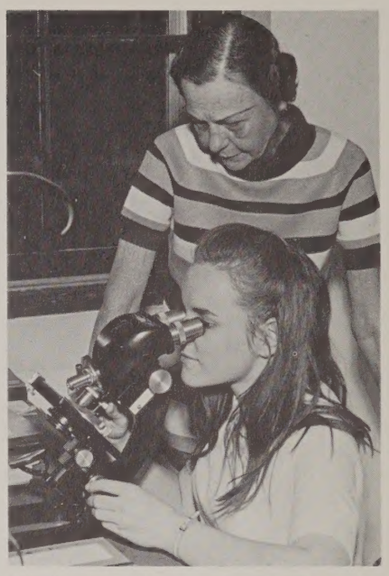
Between 300 and 400 autopsies are done every year at the Deaconess. Through the process, the pathologist may learn about a dangerous infectious or hereditary disease that wasn't diagnosed because of a lack of symptoms. If an infectious disease is noted, the public health authorities must be alerted in an attempt to protect the health of the community and family.

New disease processes are constantly being described from information obtained through autopsies. Several new processes have been identified within the last ten years. Also, some disease processes now have modified treatments because of information obtained through autopsies.

Several paramedical specialists constitute the staff in cytology and autopsy pathology. The Deaconess employs one pathologist's assistant to help during autopsies and with medical photography. A diener also assists by storing organs and maintaining instruments.

Cytotechnologists are highly-qualified professionals who have at least two years of college and one year of training in cytotechnology. These individuals work closely with pathologists to diagnose "Pap" smears. Cytology technicians help the cytotechnologists by preparing the slides for examination.

As a division, anatomic pathology is not a separate entity from clinical pathology — nor do its sub-divisions; cytology, autopsy and surgical pathology; stand alone. The same or similar diseases and disease processes are studied from different angles in each segment of the field. Each subdivision of anatomic and clinical pathology is essentially a building block. Placed together, the blocks create the science of pathology; a vital contributor to medical science.



Miss Margaret Middleton, chief cytotechnologist, supervises while Miss Jane Kendall, cytotechnologist, looks at a slide under a microscope.

Systems And Planning Dept. Moving To New Quarters

The systems and planning department will move to its new location on the Deaconess roof before the end of December. Nine people will vacate offices on the fourth floor of 306 Riverway when the department moves to its new headquarters adjacent to the computer room.

The new systems and planning headquarters were constructed by members of the NEDH Maintenance and Engineering Department. Mr. Salvatore Triolo (l.) and Mr. Colin Murphy construct the exterior walls in the above picture.

Men from the Deaconess Maintenance and Engineering Department have been working on the office space since last September. They built walls to enclose the area under the former patient sun deck; installed windows, plumbing, wiring, a heating and air-conditioning system; and divided the room into offices. The systems and planning department has nine offices, a conference room, wall-to-wall carpeting and storage space in its new quarters.

Surgical Services

is sponsoring an in-service education program on January 6, 1971, in Joslin Auditorium. Dr. Ruth Knudson, bacteriologist at Peter Bent Brigham Hospital, will speak on "Hospital Infections" at the 2:00 program. All NEDH employees are invited.

Doctors doings

Dr. Thomas J. Anglem, general surgery, presented a paper entitled, "The Choice of Treatment for Operable Cancer of the Breast," at the New England Hospital, Stoneham, Mass., on November 4.

* * *

Dr. David P. Boyd, thoracic surgery, attended a meeting of the Royal College of Surgeons in Charlottetown, Canada, on October 9-10. He spoke on "Some Interesting Medical Truants" and participated on panels dealing with "Peripheral Arterial Emergencies" and "Upper GI Bleeding."

* * *

Dr. Bradford Cannon, plastic surgery, traveled to Prague, Czechoslovakia, in September to attend the Third International Congress for Research in Burns. He presented a paper on "Late Surgical Repair of the Burned Face and Neck."

JUST A THOUGHT:

"He who sincerely takes life in ernest, finds it quite natural and a matter of course so to do, and does not, therefore, make any great noise about it."

Richard Rothe

Dr. Bentley P. Colcock, general surgery, attended the October 1-3 meeting of the New England Surgical Society in Harwich, Mass., and presented a paper on "The Complications of Enterocolitis." On October 7-9, he went to Oakbrook, Illinois, to attend the meeting of the Excelsior Surgical Society. He also attended the American College of Surgeons, Chicago, October 9-17, as secretary of the college's board of governors.

* * *

Dr. Lloyd D. Flint, urology, attended the American College of Surgeons, Chicago, Illinois, on October 9-17. As part of a post-graduate course given to urologists at the college, he lectured on "Urologic Endocinology—Pheochromocytoma" on October 14.

* * *

Dr. Charles B. Roehrig, internal medicine, was elected chairman of the General Medical Group and representative to the Medical Administration Board, NEDH, on November 21. **Dr. Frank A. Howard,** internal medicine, was elected alternate representative to the Medical Administration Board and **Dr. John Hinman,** hematology and internal medicine, was re-elected secretary of the General Medical Group.

* * *

Dr. Frank C. Wheelock Jr., general surgery, gave a lecture to the Delaware County Medical Society on "Diabetics as Viewed From a Vascular Standpoint," November 7 in Philadelphia.

Blood Bank Seeks Donors

January has been declared National Blood Donor Month by the U. S. Congress. By setting aside the month, Congress is paying a special tribute to all donors — especially volunteer donors. January was chosen because it procedes the holiday season when blood donations are more difficult to obtain.

In an average month, NEDH draws 520 pints of blood and dispenses 480 pints. The difference of 40 pints is not ample if a crisis should occur. An average of 22 pints is drawn from volunteer donors and 294 pints from paid donors. One hundred seventy-five pints come from the Red Cross and 29 pints from the American Association of Blood Bank's Clearing House (AABBCH).

The Deaconess Blood Bank is attempting to increase its volume of donor blood. The bank is open on a routine basis, Monday through Friday, 8 a.m. - 5 p.m., and Saturday, 8 a.m - 4 p.m. If these hours are inconvenient, a special appointment can be arranged by calling 734-7000, extension 2531.

Expedite Your Tax Return . . .

Correct Your Mailing Address

Employees who don't receive their 1971 Wage and Tax Statement (W-2 form) in the mail may experience a delayed tax rebate because of ensuing complications in locating them. All employees who have incorrect addresses filed with the personnel department, Central 1, should hand-in address changes immediately to that department.

Mr. Francis Matthews, employee relations director, urges the expediency of the address updating because in 1971, W-2 forms will be mailed to each employee's home.

Mrs. Nancy Taylor, secretary in the biochemistry division of CRI, admires one of the plants available in the flower section of the NEDH Gift Shop. The refrigerator for the plants and cut flowers arrived at the Gift Shop in mid-November.

Down the Aisle

ENGAGED . . .

Donna J. Asadoorian, graduate of NEDH's School of Nursing and an RN on Deaconess-3 North, is engaged to James Glenn Davis, U. S. Navy.

Sally C. Carter, programmer in the systems and planning department, is engaged to John L. LaPlant. Mr. LaPlant is a marketing representative for Mobil Oil Corp., Conn.

Virginia E. Ellis, graduate of NEDH's School of Nursing and an RN in the Deaconess-2 Footroom, is engaged to Ronald J. Smith, commercial pilot and flight instructor.

Karen "Kiki" Honsberger, secretary in the nursing in-service education department, is engaged to William Edgar, a student at Rochester (New York) Institute of Technology.

Judith L. Pursell, medical technologist, is engaged to George B. Marshall, a graduate of the University of New Hampshire, who is currently serving in the Navy.

MARRIED . . .

Denise Ann Burton, LPN on Palmer 2, married James M. Sullivan Jr., on October 3. Mr. Sullivan is a sergeant with the Medical Center Police, Boston.

Susan P. Carlson, RN, married William R. Hart on September 5. Mr. Hart is employed by the Boston Gas Co. and attends Boston University.

Ann Marie Chase, graduate of the NEDH School of Nursing and an RN on Baker 4, married Andrew B. Loman on August 22. Mr. Loman is a graduate student at Northeastern University and works at McLean's Hospital, Belmont.

Kathleen E. Hollingsworth, graduate of the NEDH School of Nursing and an RN at Norwich House, became the wife of George O. Sweeney in mid-October. Mr. Sweeney is employed by Carling's Brewery and attends Framingham State College.

Lorraine M. Maguire, assistant head nurse on Deaconess-3 North, married Dr. Gordon W. Jacobs on October 24. Dr. Jacobs is completing a fellowship in general surgery at Lahey Clinic.

Christmas Spirit Noted At NEDH

Lights were turned on the Deaconess' 16-foot Christmas tree, December 3 at 4 p.m. Located on the roof of the Central addition, the multi-colored lights on the tree will be lit from 4 p.m. - 7 a.m. throughout the holiday season.

This is the third year that Christmas lights have adorned the tree on the 14th-story roof. Before construction began on the Central addition, the hospital's tree was placed on top of the marquee over NEDH's Pilgrim Road entrance.

Christmas celebrations traditionally involve about three weeks of special events at the Deaconess. This year, the NEDH School of Nursing Glee Club gave their holiday concert, December 9 at 8 p.m. in Joslin Auditorium.

At the annual open house, sponsored by the Friends of the Deaconess, refreshments were served to hospital visitors and employees. This year the open house was held from 2:30 - 5:30 p.m. on December 13 in Central lobby.

Miss Ellen D. Howland, director of nursing, greeted guests at her annual director's tea on December 14. An array of Christmas decorations brightened Harris Hall for the afternoon occasion. NEDH student nurses celebrated the holiday with their own party in Harris Hall, December 16 at 7 p.m.

On the afternoon of December 22, Deaconess employees will gather in the cafeteria for Yuletime festivities. Santa Claus will treat employees to an assortment of holiday gifts. Department heads will serve punch, egg nog, Christmas cookies and other goodies to employees at the holiday celebration from 2:30 - 4:00 p.m.

682 Enjoy Festive Meal

Six hundred eighty-two people enjoyed their Thanksgiving dinner at NEDH last month. The highlight of the meal, of course, was a turkey dinner complete with stuffing and giblet gravy. A fresh fruit cup topped with lime sherbet whetted all appetites and an assortment of vegetables and garnishes complemented the festive occasion. The traditional choice of pumpkin and mincemeat pies was also available.

Of the 682 people partaking of the Deaconess' Thanksgiving meal, there were: 232 patients, 51 patient guests, 338 employees and 61 employee guests. Included in the employee-guest list were 14 children. All employees, who wanted to eat at the hospital, received complimentary tickets for the festive meal.

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pulse

The New England Deaconess Hospital Complex, including the Medical Office Building at One Ten Francis Street, Lahey and Overholt Thoracic Clinics, the Joslin Diabetes Foundation, Inc., the Cancer Research Institute and the Shields Warren Radiation Laboratory, is internationally known for diagnosis, treatment and research in general medicine, brain and chest surgery, cancer and diabetes.

PULSE is published monthly by the Public Relations Department of the New England Deaconess Hospital.

R. D. Lowry
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Richard E. Lee
Director
Evans F. Houghton
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NEDH CORPORATION MEETING: **See article on page 2.**

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